

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



TRAINING SCHEDULE - 12/18 and 13/19

Tuesday - 01.03.2022																	
Milli Gimnastika Arenasi																	
Warm up / Training Hall															FOP		
Floor 1			Floor 2			Floor 3			Floor 4 (music)			Floor C (music)					
GROUP	Federation	12-18/13-19 N° of P/G	Time	in	out	Time	in	out	Time	in	out	Time	in	out	Waiting Area	in	out
1	SUI 5	5	30'	08:30:00	09:00:00	30'	09:00:00	09:30:00							5'	09:35:00	10:00:00
2	AUT 3, FIN 3	6	30'	08:30:00	09:00:00				30'	09:00:00	09:30:00	30'	09:30:00	10:00:00			
3	UKR 7	7	30'	09:00:00	09:30:00	30'	09:30:00	10:00:00							5'	10:05:00	10:40:00
4	USA 6	6	30'	09:00:00	09:30:00				30'	09:30:00	10:00:00	30'	10:00:00	10:30:00			
5	ESP 4, MDA 2	6	30'	09:35:00	10:05:00	30'	10:05:00	10:35:00							5'	10:40:00	11:10:00
6	BUL 6	6	30'	09:30:00	10:00:00				30'	10:00:00	10:30:00	30"	10:30:00	11:00:00			
7	BEL 6	6	30'	10:05:00	10:35:00	30'	10:35:00	11:05:00							5'	11:10:00	11:40:00
8	KAZ 7	7	30'	10:00:00	10:30:00				30'	10:30:00	11:00:00	35'	11:00:00	11:35:00			
9	GBR 6	6	30'	10:35:00	11:05:00	30'	11:05:00	11:35:00							5'	11:40:00	12:10:00
10	AUT 6	6	30'	10:35:00	11:05:00				30'	11:05:00	11:35:00	30'	11:35:00	12:05:00			
11	UKR 6	6	30'	11:05:00	11:35:00	30'	11:35:00	12:05:00							5'	12:10:00	12:40:00
12	USA 6	6	30'	11:05:00	11:35:00				30'	11:35:00	12:05:00	30'	12:05:00	12:35:00			
13	RUS 7	7	30'	11:35:00	12:05:00	30'	12:05:00	12:35:00							5'	12:40:00	13:15:00
14	POR 6	6	30'	11:35:00	12:05:00				30'	12:05:00	12:35:00	30'	12:35:00	13:05:00			
15	POL 6	6	30'	12:10:00	12:40:00	30'	12:40:00	13:10:00							5'	13:15:00	13:45:00
16	BEL 4, MON 2	6	30'	12:05:00	12:35:00				30'	12:35:00	13:05:00	30'	13:05:00	13:35:00			
17	BLR 7	7	30'	12:40:00	13:10:00	30'	13:10:00	13:40:00							5'	13:45:00	14:20:00
18	CAN 7	7	30'	12:35:00	13:05:00				30'	13:05:00	13:35:00	35'	13:35:00	14:10:00			
19	ISR 6	6	30'	13:15:00	13:45:00	30'	13:45:00	14:15:00							5'	14:20:00	14:50:00
20	GBR 6	6	30'	13:10:00	13:40:00				30'	13:40:00	14:10:00	30'	14:10:00	14:40:00			
21	RUS 7	7	30'	13:45:00	14:15:00	30'	14:15:00	14:45:00							5'	14:50:00	15:25:00
22	POR 6	6	30'	13:40:00	14:10:00				30'	14:10:00	14:40:00	30'	14:40:00	15:10:00			
23	AZE 6	6	30'	14:20:00	14:50:00	30'	14:50:00	15:20:00							5'	15:25:00	15:55:00
24	FRA 7	7	30'	14:10:00	14:40:00				30'	14:40:00	15:10:00	35'	15:10:00	15:45:00			
25	GER 6	6	30'	14:50:00	15:20:00	30'	15:20:00	15:50:00							5'	15:55:00	16:25:00
26	NED 6	6	30'	14:45:00	15:15:00				30'	15:15:00	15:45:00	30'	15:45:00	16:15:00			
27	GBR 5, EST 1	6	30'	15:20:00	15:50:00	30'	15:50:00	16:20:00							5'	16:25:00	16:55:00
28	POL 3, POR 3	6	30'	15:15:00	15:45:00				30'	15:45:00	16:15:00	30'	16:15:00	16:45:00			
29	ISR 6	6	30'	15:50:00	16:20:00	30'	16:20:00	16:50:00							5'	16:55:00	17:25:00
30	RUS 6	6	30'	15:45:00	16:15:00				30'	16:15:00	16:45:00	30'	16:45:00	17:15:00			
31	GEO 5, BRA 1	6	30'	16:20:00	16:50:00	30'	16:50:00	17:20:00							5'	17:25:00	17:55:00
32	ITA 6	6	30'	16:15:00	16:45:00				30'	16:45:00	17:15:00	30'	17:15:00	17:45:00			
33	GER 6	6	30'	16:50:00	17:20:00	30'	17:20:00	17:50:00							5'	17:55:00	18:25:00
34	HUN 5, JPN 1	6	30'	16:45:00	17:15:00				30'	17:15:00	17:45:00	30'	17:45:00	18:15:00			
35	ISR 4, NED 2	6	30'	17:25:00	17:55:00		17:55:00	18:25:00							5'	18:30:00	19:00:00
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FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



TRAINING SCHEDULE - 12/18 and 13/19

Wednesday - 02.03.2022																	
Milli Gimnastika Arenasi																	
Warm up / Training Hall															FOP		
Floor 1			Floor 2			Floor 3			Floor 4 (music)			Floor C (music)					
GROUP	Federation	12-18/13-19 N° of P/G	Time	in	out	Time	in	out	Time	in	out	Time	in	out	Waiting Area	in	out
17	BLR 7	7	30'	08:30:00	09:00:00				30'	09:00:00	09:30:00	35'	09:30:00	10:05:00			
18	CAN 7	7	30'	08:30:00	09:00:00	30'	09:00:00	09:30:00							5'	09:35:00	10:10:00
19	ISR 6	6	30'	09:00:00	09:30:00				30'	09:30:00	10:00:00	30'	10:00:00	10:30:00			
20	GBR 6	6	30'	09:00:00	09:30:00	30'	09:30:00	10:00:00							5'	10:05:00	10:35:00
21	RUS 7	7	30'	09:30:00	10:00:00				30'	10:00:00	10:30:00	35'	10:30:00	11:05:00			
22	POR 6	6	30'	09:30:00	10:00:00	30'	10:00:00	10:30:00							5'	10:35:00	11:05:00
23	AZE 6	6	30'	10:05:00	10:35:00				30'	10:35:00	11:05:00	30"	11:05:00	11:35:00			
24	FRA 7	7	30'	10:00:00	10:30:00	30'	10:30:00	11:00:00							5'	11:05:00	11:40:00
25	GER 6	6	30'	10:35:00	11:05:00				30'	11:05:00	11:35:00	30'	11:35:00	12:05:00			
26	NED 6	6	30'	10:35:00	11:05:00	30'	11:05:00	11:35:00							5'	11:40:00	12:10:00
27	GBR 5, EST 1	6	30'	11:05:00	11:35:00				30'	11:35:00	12:05:00	30'	12:05:00	12:35:00			
28	POL 3, POR 3	6	30'	11:05:00	11:35:00	30'	11:35:00	12:05:00							5'	12:10:00	12:40:00
29	ISR 6	6	30'	11:35:00	12:05:00				30'	12:05:00	12:35:00	30'	12:35:00	13:05:00			
30	RUS 6	6	30'	11:35:00	12:05:00	30'	12:05:00	12:35:00							5'	12:40:00	13:10:00
31	GEO 5, BRA 1	6	30'	12:05:00	12:35:00				30'	12:35:00	13:05:00	30'	13:05:00	13:35:00			
32	ITA 6	6	30'	12:05:00	12:35:00	30'	12:35:00	13:05:00							5'	13:10:00	13:40:00
33	GER 6	6	30'	12:35:00	13:05:00				30'	13:05:00	13:35:00	30'	13:35:00	14:05:00			
34	HUN 5, JPN 1	6	30'	12:35:00	13:05:00	30'	13:05:00	13:35:00							5'	13:40:00	14:10:00
35	ISR 4, NED 2	6	30'	13:05:00	13:35:00				30'	13:35:00	14:05:00	30'	14:05:00	14:35:00			
16	BEL 4, MON 2	6	30'	13:05:00	13:35:00	30'	13:35:00	14:05:00							5'	14:10:00	14:40:00
1	SUI 5	5	30'	13:35:00	14:05:00				30'	14:05:00	14:35:00	30'	14:35:00	15:05:00			
2	AUT 3, FIN 3	6	30'	13:35:00	14:05:00	30'	14:05:00	14:35:00							5'	14:40:00	15:10:00
3	UKR 7	7	30'	14:05:00	14:35:00				30'	14:35:00	15:05:00	35'	15:05:00	15:40:00			
4	USA 6	6	30'	14:05:00	14:35:00	30'	14:35:00	15:05:00							5'	15:10:00	15:40:00
5	ESP 4, MDA 2	6	30'	14:40:00	15:10:00				30'	15:10:00	15:40:00	30'	15:40:00	16:10:00			
6	BUL 6	6	30'	14:35:00	15:05:00	30'	15:05:00	15:35:00							5'	15:40:00	16:10:00
7	BEL 6	6	30'	15:10:00	15:40:00				30'	15:40:00	16:10:00	30'	16:10:00	16:40:00			
8	KAZ 7	7	30'	15:05:00	15:35:00	30'	15:35:00	16:05:00							5'	16:10:00	16:45:00
9	GBR 6	6	30'	15:40:00	16:10:00				30'	16:10:00	16:40:00	30'	16:40:00	17:10:00			
10	AUT 6	6	30'	15:40:00	16:10:00	30'	16:10:00	16:40:00							5'	16:45:00	17:15:00
11	UKR 6	6	30'	16:10:00	16:40:00				30'	16:40:00	17:10:00	30'	17:10:00	17:40:00			
12	USA 6	6	30'	16:10:00	16:40:00	30'	16:40:00	17:10:00							5'	17:15:00	17:45:00
13	RUS 7	7	30'	16:40:00	17:10:00				30'	17:10:00	17:40:00	35'	17:40:00	18:15:00			
14	POR 6	6	30'	16:40:00	17:10:00	30'	17:10:00	17:40:00							5'	17:45:00	18:15:00
15	POL 6	6	30'	17:15:00	17:45:00				30'	17:45:00	18:15:00	30'	18:15:00	18:45:00			

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FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



TRAINING SCHEDULE - 13/19

Thursday - 03.03.2022						
Milli Gimnastika Arenasi						
Warm up / Training Hall						
Floor 1 (no music)						
GROUP	Federation	12-18/13-19 N° of P/G	Time	in	out	
1	UKR 7	7	60'	08:30:00	09:30:00	
2	SUI 2, USA 5	7	60'	09:30:00	10:30:00	
3	AUT 4, POL 3	7	60'	10:30:00	11:30:00	
4	BEL 4, NED 3	7	60'	11:30:00	12:30:00	
5	BLR 4, BUL 3	7	60'	12:30:00	13:30:00	
6	GEO 2, GER 5	7	60'	13:30:00	14:30:00	
7	POR 7	7	60'	14:30:00	15:30:00	
8	HUN 1, ITA 1, ISR 1, KAZ 2, POR 1	6	60'	15:30:00	16:30:00	
9	ISR 7	7	60'	16:30:00	17:30:00	
10	GBR 7	7	60'	17:30:00	18:30:00	
11	GBR 1, MDA 1 MON 1, RUS 3,	6	60'	18:30:00	19:30:00	
12	RUS 7	7	60'	19:30:00	20:30:00	
13	AZE 2, CAN 2, ESP 2, FRA 1	7	60'	20:30:00	21:30:00	
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Training time ONLY for Units without any competition on March 3rd, 2022.

13-19

TRAINING SCHEDULE - 12/18

Friday - 04.03.2022						
Milli Gimnastika Arenasi						
Warm up / Training Hall						
Floor 1 (no music)						
GROUP	Federation	12-18/13-19 N° of P/G	Time	in	out	
1	MG Finalists	4	60'	15:00:00	16:00:00	

Training time ONLY for Units without any competition on March 4th, 2022.

12-18 - MG Finalists

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